Clinical Grand Rounds

PERIOPERATIVE SURGICAL HOME & ENHANCED RECOVERY AFTER SURGERY (ERAS) PROTOCOLS

Wednesday, April 19 | Noon to 1 p.m. | Hallagan Education Center

Purpose: The Perioperative Surgical Home is a model of care designed to improve the quality of care for surgical patients while reducing costs and length of stay. The model is protocol-driven using the Enhanced Recovery After Surgery Pathways. This model is led by Anesthesia and a multidisciplinary team (Surgeons, Clinical Nutritionists, Care Coordinators, Clinical Specialists, Nursing, Rehab, PASE, Pre-Op, OR, PACU, Clinical Surgeon Office Staff and EPIC Team).

Faculty: Christine Botkin, MD, Anesthesiologist
Kathryn Reed, MD, Anesthesiologist
Chris Walsh, MD, Anesthesiologist
Kathy Swift, MSN, RN, Clinical Specialist Surgical
Linda Weiler, BS, RN, Clinical Specialist Orthopaedics
Sara Claeys, RD, LD, Clinical Nutrition Manager

The learner will:

- Describe the key principles of the Perioperative Surgical Home (PSH).
- Discuss the ERAS focus elements and interventions throughout the perioperative phases of care.
- Identify the multimodal analgesia with opioid sparing techniques in the perioperative phases of care.
- Discuss the various blocks used in the intraoperative phase of care.
- Identify the benefits of carbohydrate loading and nutritional optimization in the pre-operative phase of care.

ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Iowa Medical Society (IMS) through the joint sponsorship of The Cedar Rapids Medical Education Foundation and Mercy Medical Center. The Cedar Rapids Medical Education Foundation is accredited by the IMS to provide continuing medical education for physicians. The Cedar Rapids Medical Education Foundation designates this educational activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with their participation in the activity.

*Nursing CEUs: 1.2 contact hours of nursing continuing education credit will be awarded for attending the entire program. Mercy Medical Center, Cedar Rapids, Iowa, is IBN Provider #57. Pre-registration is not required.

Other healthcare professionals: This offering may be eligible for 1.2 contact hours of continuing education credit. Consult your governing rules to determine if appropriate subject matter criteria will apply to credit hours.

Drs. Botkin, Reed and Walsh, and Kathy Swift, Linda Weiler and Sara Claeys have disclosed that they have no interest in commercial support.